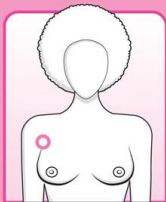


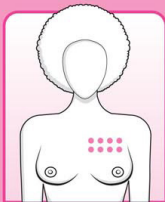


Reach for Recovery

Support Group for Breast Cancer



A lump in the breast or armpit



Puckering of the skin around the breast and chest area



An increase in the size of one breast



Dimpling or change of the nipple



A swelling of the glands



A discharge of the nipple



A swelling in the armpit



A lowering of one breast or a nipple

BREAST HEALTH AWARENESS.
DETECTING EARLY SIGNS OF
BREAST CANCER.

**TOP CARPETS
AND FLOORS**
The Professionals



Visit www.reach4recovery.org.za for your nearest branch.